



Step by Step
UMRAH
Guide

Compiled By Oasis Hajj & Umrah Team

1

The intention for Umrah at the Meeqaat

لَبَّيْكَ اللَّهُمَّ بِعُمْرَةٍ

'Labbayk Allaahumma bi-'umrah'

Here I am, O Allaah, answering Your call,
performing an 'Umrah



2

Making condition (al-Ishtiraat)

If you fear that something may occur
which prevents you [from completion of
the 'Umrah or Hajj],
whether illness or fear, recite:

اللَّهُمَّ مَحَلِّي حَيْثُ حَبَسْتَنِي

'Allaahumma mahillee haythu habastanee

O Allaah my place for leaving the state of ihraam will be wherever
You prevent me

While facing the Qiblah recite the talbiyah
for 'Umrah as preceded and say:

اللَّهُمَّ هَذِهِ عُمْرَةٌ لَا رِيَاءَ فِيهَا وَلَا سُمْعَةً

*'Allaahumma haadhihi 'Umrah, laa riyaa-a
feehaa wa laa sum`ah'*

O Allaah this is a 'Umrah; there being no acting for show in it,
nor seeking repute.

The Talbiyah and raising the voice with it

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ، إِنَّ
الْحَمْدَ، وَالنُّعْمَةَ، لَكَ وَالْمُلْكَ، لَا شَرِيكَ لَكَ

*Labbayk Allaahumma labbayk, labbayk laa
shareeka laka labbayk, 'innal-hamda,
wanni'mata, laka walmulk, laa shareeka laka.*

I am here at Your service, O Allaah, I am here at Your service.

I am here at Your service,

You have no partner, I am here at Your service Surely the praise, and
blessings are Yours, and the dominion. You have no partner.

Upon seeing the Ka'bah

There is no supplication established from
the Prophet ﷺ at this point.

So you may make supplication with
whatever is easy for you while raising your
hand; or use the supplication of `Umar may
Allaah be pleased with him:

اللَّهُمَّ أَنْتَ السَّلَامُ، وَمِنْكَ السَّلَامُ،
فَحَيِّنَا رَبَّنَا بِالسَّلَامِ

*'Allaahumma antas-Salaam, wa minkas-Salaam,
fahayyinaa Rabbanaa bis-salaam'*

O Allaah! You are the Impeccable One, free of all imperfections; and
peace and security come from You; so cause us to live, O our Lord,
in peace and security.

Entering the masjid Al-Haraam
Enter with the right foot first and recite:
(this applies to any other massaajid)

أَعُوذُ بِاللَّهِ الْعَظِيمِ وَبِوَجْهِهِ الْكَرِيمِ وَسُلْطَانِهِ
 الْقَدِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ
 بِسْمِ اللَّهِ، وَالصَّلَاةُ وَالسَّلَامُ عَلَى رَسُولِ اللَّهِ،
 اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

*A'oothu billaahil-'Adheem, wa bi-Wajhihil-
 Kareem, wa Sultaanihil-qadeem, minash-
 Shaytaanir-rajeem.*

*Bismillaahi, wassalaatu, Wassalaamu
 'alaaRasoolillaahi, Allaahum-maftah lee
 'abwaaba rahmatika.*

I seek refuge in Almighty Allaah, by His Noble Face, by His
 primordial power, from Satan the outcast.
 In the Name of Allaah, and blessings and peace be upon the
 Messenger of Allaah, O Allaah, open before me the doors
 of Your mercy.

The Tawaaf of Arrival (Tawaaful- Qudoom)

- a) You should go straight to the Black Stone (al-Hajarul-Aswad), face it directly [If you are not able to kiss or prostrate, nor wipe your hand upon it, then you should make a sign towards it with your hand], and say the takbeer

اللَّهُ أَكْبَرُ

Allaahu akbar'

Allaah is greater

- b) You should begin making tawaaf around the Ka`bah, having it towards your left side, so you perform seven circuits, remaining outside the Semi-circular Enclosure (al-Hijr); from the Stone to the Stone being one circuit.
- c) Men only - Wear your upper garment underneath your right armpit and thrown over the left shoulder (al-idtibaa`) throughout the whole of the Tawaaf.
- d) Men only - Walk briskly with short footsteps (ar-ramal) in the first three (circuits), from the Stone to the Stone; then you walk normally in the rest.
- e) If you are able, wipe your hand upon the Yemeni Corner during every circuit, but you do not kiss it; and if you are not able to wipe your hand upon it, then it is not legislated for you to make an indication towards it with your hand.
- f) Say between the two Corners (the Yemeni and the black stone):

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ
حَسَنَةً وَقِنَا عَذَابَ النَّارِ

*Rabbanaa aatinaa fid-dunyaa hasanatan wa
fil-aakhirati hasanatan wa qinaa
`adhaaban-naar*

O our Lord! Give us good in this life, and good in the Hereafter, and save us from the Punishment of the Fire.

When you have completed the seventh (7) circuit, covers your right shoulder, and go over to the Station of Ibraaheem, and recites:

وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى

Wattakhidhoo min maqaami ibraaheema musallaa

And take the Station of Ibraaheem as a place of Prayer
And you place the Station of Ibraaheem between you and the Ka`bah, and then pray two rak`ahs reciting therein Sooratul-Kaafiroon in the first rak`ah and Soorah al-Ikhlaas (Qul Huwallaahu Ahad) in the second rak`ah.

Then, after completing the Prayer, go to Zamzam, and drink from it, and pour some of the water onto your head.

Then return to the Black Stone, says takbeer [Allaahu akbar], with the details that have preceded.

The Sa'ee Between as-Safaa and al-Marwah Then proceed to perform Sa'ee between as-Safaa and al-Marwah.

So when you draw close to as-Safaa

a) **recites His Saying -He the Most High:**

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ فَمَنْ حَجَّ الْبَيْتَ
أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا وَمَنْ
تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ

<<Verily! As-Safa and Al-Marwah are of the Symbols of Allaah. So it is not a sin on him who perform Hajj or 'Umrah of the House (the Ka'bah at Makkah) to perform the going between them (As-Safa and Al-Marwah). And whoever does good voluntarily, then verily, Allaah is All-Recogniser, All-Knower.>>

b) **Then Say:**

نَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

Nabda'u bima bada' Allaahu bihi

We begin with what Allaah began with

c) **Then you begins with as-Safaa, ascending upon it,
then faces the Ka'bah and say:**

3 اللَّهُ أَكْبَرُ , اللَّهُ أَكْبَرُ , اللَّهُ أَكْبَرُ

*Allaahu akbar, Allaahu akbar, Allaahu akbar
(three times) Allaah is greater, Allaah is greater,
Allaah is greater*

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ
 الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، لَا إِلَهَ إِلَّا
 اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، أَنْجَزَ وَعْدَهُ،
 وَنَصَرَ عَبْدَهُ وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

*Laa ilaaha illallaahu wahdahu laa shareeka
 lahu, lahul-mulku wa lahul-hamdu, yuhyee wa
 yumeet, wa huwa `alaa kulli shay-in qadeer -
 Laa ilaaha illallaahu wahdahu laa shareeka
 lahu, anjaza wa `dahu, wa nasara `abdahu, wa
 hazamalahzaaba wahdahu*

None has the right to be worshipped except Allaah, alone, with no partner; Dominion is His, and all praise is for Him; He gives life, and He gives death; and He has full ability over everything. None has the right to be worshipped except Allaah, alone, with no partner. He fulfilled His Promise, He aided His Servant, and He alone defeated the confederated enemies

**Saying that three times, and making
 supplication between that**

d) Then he descends for Sa`ee between as-Safaa and al-Marwah, So you walk until you reach the green light sign, then you run quickly until you reach the next green light sign which follows it. then you walk up to Marwah, and you ascend it, and you do upon it as you did upon as-Safaa: facing the Qiblah, saying takbeer and tahleel, and making supplication, and that forms one complete circuit.

e) Then you return till you ascend as-Safaa, walking in the place for walking, and running in the place for running, and that is a second circuit. f/ Then return to al-Marwah; and so on, until you complete seven circuits, finishing upon al-Marwah

It is established from a number of the Companions to say the following dua' during the Sa'ee between Safa & Marwa:

رَبِّ اغْفِرْ وَارْحَمْ ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Rabbighfir warham innaka antal-A`azzul-Akram

O my Lord! Forgive and have Mercy, verily You are the Most Mighty, the Most Honourable Then when you finish the seventh circuit upon al-Marwah: (Men) shave, which is the best, or shorten the hair of your head, (Women) Women should cut the length of a fingertip of their hair, and with that the `Umrah is complete, and everything that became forbidden upon entering the state of ihraam now becomes permissible. Wa alhamdulillaah

**Leaving the masjid Al-Haraam
Leave with the left foot first and recite:**

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَسَلِّمْ،
اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

Allaahumma salli `alaa muhammadin wa sallim Allaahumma innee 'as'aluka min fadhlika.

O Allaah, send prayers and peace upon Muhammad, O Allaah, verily I ask You from Your Favour.

Pillars of Umrah:

- Ihraam (Intention to enter the state of Umrah).
- Tawaaff.
- Sa'iy.

Note: If one leaves a Pillar he/she must return & make the missed pillar, if not, then his/her Umrah is invalidated.

Obligations of Umrah:

- Ihraam at the Miqaat.
- Shaving or Cutting the Hair.

Note: If one leaves an obligation a Fidiyah (Compensation) is needed by sacrificing in Makkah, A sheep and distributing it to the poor in Makkah.

The things which are forbidden whilst in the state of Ihraam:

- Wearing clothing tailored to fit the limbs;
- The woman's wearing a face veil (niqaab) or gloves;
- The man's covering his head with a turban or the like;
- Perfume;
- Cutting the nails;
- Removing ones hair;
- Sexual intercourse, and that which leads to it;
- Committing sins;
- Disputing and arguing;
- Making a marriage proposal, and contracting a marriage.

Qur'anic verses are used in this guide, please do not discard. If you have no longer use for it, please pass on to others or return to a member of Oasis Hajj & Umrah team.

 www.oasishajjumrah.com

51 Muntz Street, Small Heath, Birmingham, B10 9SN



0121 448 5460



info@oasishajjumrah.com



[@oasishajj](https://twitter.com/oasishajj)